



# Grow your family with help from WIN

**Count on the fertility support and family building program every step of the way**

If you're struggling to have a baby, you're not alone. WIN's fertility support and family building program can help you turn your dream into reality with resources and support — all as part of your plan benefits.

## Download the WIN Companion app

Take your family-building benefits on the go with access to the WIN Companion app. You can use it to:

- Talk to a WIN nurse care manager by phone, email, or chat anytime.
- Privately track your period and predict your most fertile days, then share cycle information with your partner or doctor.
- Set reminders for important events, like doctor appointments and the start of ovulation.





## How the program helps

When you enroll in WIN, you will receive the following:

- Information about infertility causes, testing, and different treatment and medication options.
- A personalized care plan with treatment recommendations, including access to reproductive behavioral health and nutrition coaching as needed.
- 24/7 access to specially trained nurse care managers who can answer your questions, help you find doctors, and talk through your concerns.
- Referrals to Anthem's network of high-quality reproductive endocrinologists near you.
- Preapprovals for fertility-related prescription medication, as well as help managing and taking those medications.
- Preapprovals for outpatient and in-office fertility services.
- Guidance through the fertility preservation process, including help finding egg-freezing facilities in your plan's network.
- Education about the adoption and surrogacy process, claims processing, and referrals to one of WIN's surrogacy agency partners.

### Sign up today

Call the Customer Service number on the back of your ID card to get started.